



STIGMA-FREE SOCIETY
ANNUAL 2020 REPORT



THE STIGMA-FREE SOCIETY

The Stigma-Free Society is a registered Canadian Charity that is committed to creating a world that is free from stigma. The Society understands that different forms of stigma often intersect, and we are working to break down barriers to cultivate understanding and acceptance. The Mission of the charity is to foster programs that cultivate, encourage, and educate diverse communities to be inclusive and compassionate. The Society is doing this by sharing stories, working collaboratively with communities and educating people of all ages about stigma with a focus on mental health.



The Society's goal is to create **AWARENESS** of the various stigmas that exist in the world, develop an **UNDERSTANDING** of the challenges that numerous people face, and encourage all people to foster **ACCEPTANCE** of themselves and others.

The Stigma-Free Society focuses on mental health-related stigma, and a great deal of our programming is dedicated toward eliminating the stigma that often stops people from reaching out for help. The Society also applies a mental health lens in viewing other forms of stigma. We understand that mental health and wellbeing are greatly impacted by various other forms of stigma, such as race, developmental and physical disabilities, gender identity, sexual orientation and more. It is our goal to support diverse communities and encourage equal access to support everyone's unique needs.

THE STIGMA-FREE SOCIETY

In 2020, The Society created two impacting youth mental health based toolkits that began at the dawn of COVID-19 in early April, 2020. Society team members first created the Stigma-Free COVID-19 Youth Wellness Toolkit in a mere 15 days of development and then the more extensive Student Mental Toolkit near the end of November, 2020.

Both toolkit programs provide online resources for youth, educators, school counsellors, and parents/guardians as they navigate their mental health journeys.



The Society's innovative website stigmafreesociety.com and its social media engagement on Facebook, Instagram, LinkedIn and Twitter continue to communicate interactive online conversations and thought-provoking content.



THE STIGMA-FREE SOCIETY

Vision

To foster a movement that cultivates, encourages, and educates diverse communities to be inclusive and compassionate through awareness and understanding.

Mission

We foster awareness, understanding, and acceptance through education, support and leadership.

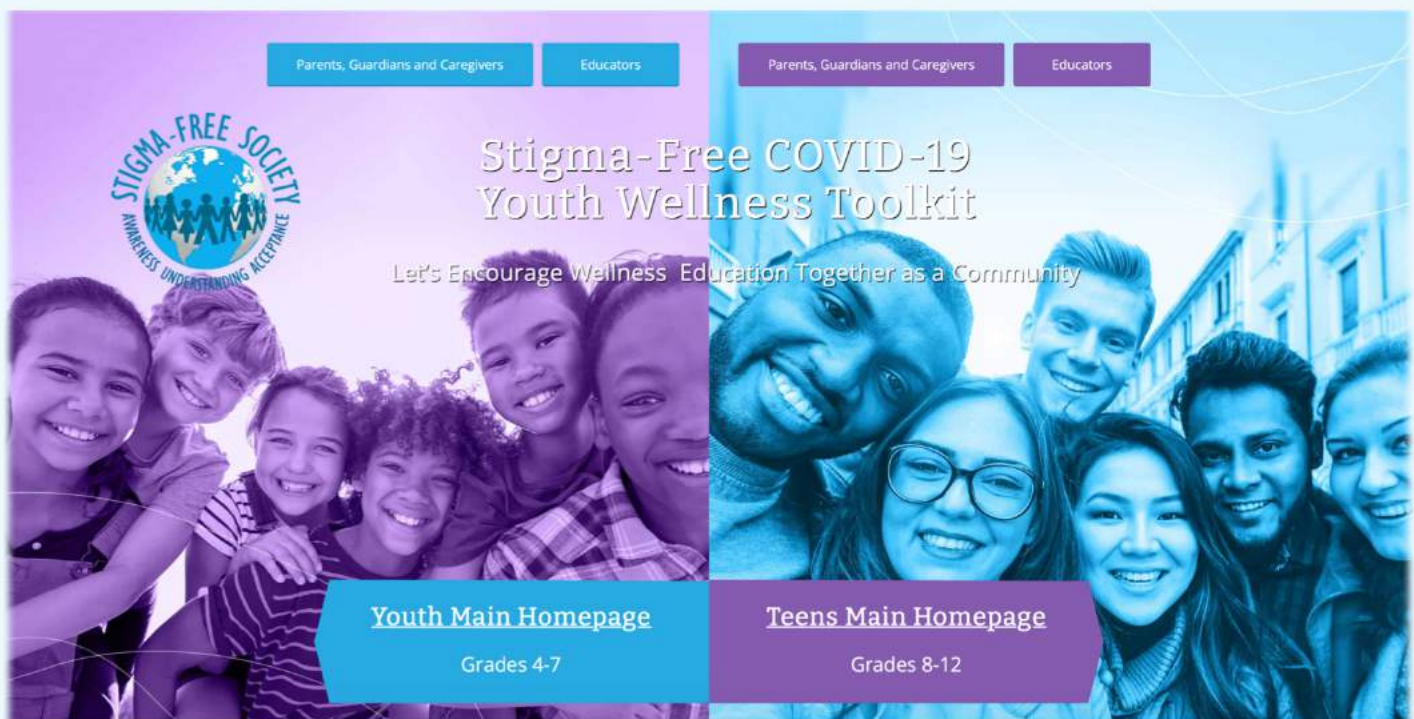
Values



| | |
|--------------|-------------|
| Diversity | Empowerment |
| Transparency | Respect |
| Dignity | Inclusion |
| Community | Compassion |
| Education | |

THE STIGMA-FREE SOCIETY PROGRAM REPORT

The Society developed and launched the *Stigma-Free COVID-19 Youth Wellness Toolkit* in 2020 to meet the growing need for mental health resources and support for youth, educators and parents/guardians during the COVID-19 pandemic. The Society is constantly striving to meet the ever-changing needs of the community. This Toolkit was developed to answer the call of supporting young people's mental health at home.



Through the promotion of mental wellness, the *Stigma-Free COVID-19 Youth Wellness Toolkit* serves as a virtual space for youth to learn how to support their mental health needs during the pandemic. This innovative online resource provides stories, activities, coping strategies, links to community resources and much more.

THE STIGMA-FREE SOCIETY PROGRAM REPORT

The **Student Mental Health Toolkit** houses resources that are dedicated to students grades 4-12, educators, school counsellors and parents/guardians. Importantly, school lesson plans and downloadable resources are available with additional valuable mental health and wellness related content. This highly interactive Toolkit provides teachers and school counsellors with information they need to support the mental wellbeing of students.

The Toolkit is designed to be extremely accessible and resources delve into various forms of stigma from mental health stigma, various disabilities, gender identity, and much more. **Lesson plans** in this Toolkit are cross-curricular and can be utilized by teachers to introduce concepts related to stigma and mental health with students by applying B.C. aligned curriculum. Downloadable resources are available to students in and outside of school to better support their mental health and wellbeing.



THE STIGMA-FREE SOCIETY PROGRAM REPORT

In 2020, Stigma-Free Society created **The Virtual Stigma-Free School Program**, which is an adaptation from the **Stigma-Free Zone School Program** to continue the impactful work of bringing mental health awareness and education to students. This virtual program takes place over a virtual platform and allows youth the opportunity to watch powerful documentary videos on mental illness and stigma, and also hear from Stigma-Free Presenters who all have lived experience with stigma and/or mental health issues.

The presentations have an interactive Q&A session and presenters address various forms of stigma that they have experienced, which creates understanding for the lived experiences of others. Presenters focus on how they have overcome their limitations and are extremely informative, interactive and engaging.



Since the launch of in-person presentations in 2016, the **Stigma-Free School Program** has reached over 60,000 students. In 2020, 15 schools and 7 children's presentations took part in this interactive educational experience reaching 3,874 students and 50 educators in 2020 alone.

THE STIGMA-FREE SOCIETY PROGRAM REPORT

The **Stigma-Free Zone Designation Program** invites schools, organizations/businesses and different levels of government to receive an official designation that highlights their commitment to being Stigma-Free. It is a community-based participatory program that aims to promote mental health and reduce stigma of all kinds. In order to achieve the Stigma-Free Zone designation, schools and organizations demonstrate an on-going commitment to learning about various forms of stigma, as well as eliminating stigma in their environment.



AutismBC completes the Stigma-Free Zone Designation Program.

THE STIGMA-FREE SOCIETY PROGRAM REPORT

The Women's Peer Support Group is a valuable support group for women that acts as a space for women to build meaningful friendships, and work towards a deeper understanding and acceptance of their mental health in a safe, supportive environment. This community of women support one another in powerful ways as they connect about their similar experiences with their mental health journeys. Since its inception in 2012, the program has reached over 250 women. Due to the global pandemic, the program transitioned to a virtual space in April 2020, which now meets weekly online over Zoom. In total, the program served 24 women in 2020 all via a virtual platform.



STIGMA-FREE SOCIETY BOARD OF DIRECTORS



Dave Richardson Chair, Board Director

Dave Richardson is the President and CEO of Octaform Systems Inc. and Co-Founder of the Stigma-Free Society. Mr. Richardson is a Director of Richardson International Limited. He is a Director Emeritus of Ducks Unlimited Canada following 20 years on that board and remains dedicated to several other charities and philanthropic activities. He was a founding member and Director of The Asia Pacific Foundation and a leader on various government trade missions to Asia. In addition he was a Director of the Canada China Trade Council and Chairman of the Agriculture Committee. Mr. Richardson has served on a number of public and private boards throughout his career and continues to hold several other directorship positions.



Anne-Marie Butler Treasurer, Board Director

Anne-Marie Butler is a Chartered Professional Accountant and has held a variety of senior finance positions; currently as the Director of Finance and Operations for Stratford Hall School in Vancouver, B.C. Anne-Marie is well recognized as a business transformation leader and innovator who has leveraged her core competencies of Accounting, Finance and Technology to deliver significant and immediate business value to a number of organizations. Under Anne-Marie's leadership BC Egg became a highly profiled and recognized industry leader. IBM recognized Anne-Marie's dedication presenting her with the IBM Business Analytics Champion Award for multiple years.



David Robertson Board Director

David Robertson was born and raised in Edinburgh, Scotland. After completing his M.A. (Hons) at the University of Aberdeen and his teaching degree (P.G.C.E.) from Loughborough University, in England, he began his teaching career in 1978. David and his family moved to Vancouver Island in 1986 at Brentwood. In 1993, he moved over to Shawnigan Lake School, working as Deputy Head before accepting the position of Headmaster in 2000. He brought his 25-year stint of leadership at the school to a close at the end of June 2018. Recently, David returned to school leadership and is excited to be the new Head of School at Queen Margaret's School in Duncan, B.C.

STIGMA-FREE SOCIETY BOARD OF DIRECTORS



Dr. Dana Wasserman Board Director

Dr. Dana Wasserman is a registered psychologist in Vancouver, BC who currently does work seeing clients for the Vancouver Association for Survivors of Torture. In the past, Dr. Wasserman has had her own private practice, worked with clients who are on disability, worked with the severely and chronically mentally ill, and had her post-doctoral fellowship working in a child mental health clinic. Aside from her clinical work, Dr. Wasserman reached out to the Stigma-Free-Society when she was diagnosed with her own mental illness and felt the stigma that so many of her clients had experienced.



Carol Henriquez Board Director

Carol Henriquez is the Co-founder of Vancouver's Arts Umbrella, a thriving visual and performing arts centre for children, ages 2 to 19, which operates as a non-profit organization and registered charity. Carol has developed programs in conjunction with other arts organizations and Arts Umbrella itself has become a model for other institutions around North America. Upon graduating with a BA from the University of Manitoba, Carol was employed as a children's social worker and taught art classes in disadvantaged areas of Winnipeg. She received diplomas in Fine Arts at Langara College and Emily Carr Institute of Art & Design. Carol received Canada's highest distinction for lifetime achievement – the Order of Canada – among other numerous accolades and awards that speak to her impact in the community.



Dr. Chris Richardson Board Director

Dr. Chris G Richardson is currently an Associate Professor in the School of Population and Public Health at the University of British Columbia. His program of research is focused on examining the relationships between aspects of biopsychosocial development in adolescence and patterns of tobacco, alcohol, marijuana and other drug use. He is a Scientist with the Centre for Health Evaluation and Outcomes Sciences at St. Paul's Hospital and research lead for the Inner City Youth Program. In addition to his academic experience, Dr. Richardson has spent several years as a frontline worker in a variety of group home settings for homeless men and has served a member of the board of directors for From Grief to Action – a non-profit group providing support and advocacy for families dealing with a loved one's addiction.

STIGMA-FREE SOCIETY BOARD OF DIRECTORS



Craig Jangula Board Director

Craig Jangula has a talent for understanding and helping manage complex public policy issues. He brings more than a decade of experience in government to his work at Jangula & Company. Craig's passion for research, community outreach, and development are combined with expertise in political campaigns and government decision-making. He has spent many years working in the offices of a number of MLAs. Craig's experiences have given him invaluable insight into the inner workings of the provincial government and the best ways to get his clients' stories in front of the right people. Craig is passionate about making a difference in the lives of others and is excited to lend his insight to the Stigma-Free Society.



Anisha Navaratnam Secretary, Board Director

Anisha developed a keen interest in mental health education in her high school years after her friend talked openly about her struggles with depression and bipolar disorder. After going through her own difficulties with mental health, Anisha realized a gap in how these issues were rarely, if ever, discussed in the classroom setting. She began working with education professionals around the Lower Mainland to develop a curriculum on these issues and hopes to see it one day integrated as a part of the official BC curriculum in the near future. Anisha Navaratnam joined the Stigma-Free Society in 2017 and enjoys contributing to the mental health realm with her expertise and passion.



Andrea Paquette President, Ex-Officio Board Director

Andrea is the President and Ex-Officio Board Director of the Stigma-Free Society. Andrea leads the team and work of the Society. She is also passionate about being on the front lines for program delivery as she feels passionate about being a presenter for mental health and provides leadership in the operations of the Society. Andrea holds extensive experience in the provincial government in policy, communications, and research in the areas of education, mental health, and social development. Andrea received the 2019 Psychiatric Association of Canada President's Commendation among many other accolades recognizing her work in mental health.

STIGMA-FREE SOCIETY TEAM



Andrea Paquette SOCIETY PRESIDENT & CO-FOUNDER

Andrea Paquette, President, SFS, leads the Charity's team to accomplish the impacting work of the Society and is the original Founder of the then Bipolar Disorder Society in 2010. Andrea is passionate about conducting the operations of the Society, especially staff and program management and design. She is an experienced Speaker/Presenter/Facilitator who lives well with bipolar disorder. She holds a double major degree in Political Science and Women's Studies and has worked for the BC government in the areas of mental health and addictions, social development and education.

Madeleine Clarkson COMMUNICATIONS & PROJECT MANAGER

Madeleine (Maddie) Clarkson is the Communications and Project Manager for Stigma-Free Society. She graduated with a Bachelor of Arts degree in French with a Concentration for prospective teachers. Madeleine was diagnosed with bipolar disorder when she was 14 years old and shares her experiences and strategies for maintaining mental well-being with a passion for youth.



Samara Liberman PROGRAMS MANAGER

Samara has a Bachelor's degree in Equity Studies, Masters in Teaching and a Professional Development certificate in Youth Mental Health. She has worked with young people directly for many years and is extremely passionate about mental health and equity issues. Samara's own diagnoses have positively informed the way she interacts with young people and have instilled empathy and compassion in her approaches to working with children.

Ellen Reimer PROGRAMS ASSISTANT

Ellen is an English and Environmental Studies student at the University of Victoria and is the Stigma-Free Society first co-op student. She is responsible for assisting staff with communications and development of Society programming. Ellen is passionate about sharing her journey with mental health in the hopes that it will encourage others to prioritize their mental health through challenging circumstances.



Janet Bisset PROGRAM COORDINATOR & EXECUTIVE ASSISTANT

Janet Bisset is currently the Program Coordinator and Executive Assistant at the Stigma-Free Society. Ms. Bisset began travelling at a young age, lived and raised a family in Europe, Eastern USA, Macau South China and returned to Canada in 1986. She is skilled in communications, organization, planning and foresight. Janet is passionate about working with the Stigma-Free Society for she feels the organization does amazing work.

STIGMA-FREE SOCIETY TEAM

Cosette Leblanc STIGMA-FREE INTERN, ALDER UNIVERSITY

Cosette is currently pursuing a doctorate in Psychology at Adler University. She has been a synchronized swimmer at the national and international level until her eating disorder became so severe that she could no longer ignore this issue. Through her recovery, Cosette has created a new relationship with physical activity that is derived from respect and appreciation of her body.



Raman Dhaliwal STIGMA-FREE INTERN, ALDER UNIVERSITY

Raman Dhaliwal is an intern for the Stigma-Free Society. She has graduated with her Bachelor of Arts in Psychology with a Minor in Counselling and is currently pursuing her Masters in Counselling Psychology at Adler University. She has previous crisis line and peer support volunteer experience that has further fueled her passion to work within the mental health community.

Melinda O'Neill WOMEN'S SUPPORT GROUP LEAD-FACILITATOR

Melinda is proud to hold space for the participants of the Women's Peer Support Group where she brings a wealth of care and compassion honed by a 15-year nursing career, coupled with an insider's understanding. Melinda knows firsthand the profound difference of having a support network when navigating the highs and lows of life. Melinda is excited to step into this professional role with SFS after attending the Women's Support Group for numerous years.



Jamila Douhaibi WOMEN'S SUPPORT GROUP CO-FACILITATOR

Jamila is a queer woman of colour and a born-and-raised Island girl, who lives in Victoria, B.C. She has a Degree in Anthropology and Environmental Studies from the University of Victoria and has traveled extensively. Jamila has been attending the Stigma-Free Women's Peer Support Group in Victoria for many years, and recognizes the positive benefits of having such a group can have on getting through everyday life.

STIGMA-FREE SOCIETY ADVISORY COUNCIL

| | |
|-----------------------|--|
| Dr. Wei Song | Principal Elect, Canadian Psychiatric Association of Canada |
| Daniel To | Principal, Education Services, Surrey School District |
| Robin Holden | Charity Advisor, Source Group |
| Sheldon Kitzul | Social Worker and Life Coach |
| Cindy Player | Former Director, Equity and Human Rights, University of Victoria |

STIGMA-FREE SOCIETY SCHOOL AND COMMUNITY PRESENTERS



Benjamin Garner



Lindsay Goulet



EJ Weston



Joesh Khunkhun



Mackenzie Carroll



Tanpreet Parmar



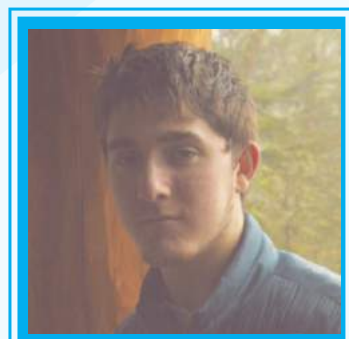
Mack Von Riesen



Sarah Khan



Cam Webster



Nathan Lirenman

HIGHLIGHTS AND ACHIEVEMENTS FOR THE STIGMA-FREE SOCIETY

In 2020, the Stigma-Free Society focused on **EXPANSION** and **ADAPTATION**. 2020 was a year that involved a lot of unknowns and a great deal of turbulence for everyone. The Society sought creative and innovative ways to adapt to immense change and provided even more innovative mental health support and resources than in previous years.

The new development of **The Student Mental Health and Stigma-Free COVID-19 Youth Wellness Toolkits** acted as primary catalysts to ignite growth and expansion in 2020. Both Toolkit programs are virtual and designed to meet the needs of students and young people during these challenging times. Toolkit programs provide youth with inspiring stories of hope and offer them connectedness through an online medium that never would have existed prior to 2020.



The Society's Toolkits have become extremely popular and reputable, and are now being utilized across Canada, while the Society continues to expand and focus on promotion.

HIGHLIGHTS AND ACHIEVEMENTS FOR THE STIGMA-FREE SOCIETY

The Virtual Stigma-Free School Program brought an extensive amount of media attention, uptake and recognition. The Virtual Stigma-Free School Program has been able to grow exponentially, reaching more schools nation-wide and all online. Presenters are able to share their personal stories and educate more students across the country about stigma of all kinds. The virtual adaptation of this program has been an innovative way for the Society to expand its reach during 2020.



Madeleine Clarkson and Joesh Khunghun presenting their personal stories of mental health and stigma on a Virtual Stigma-Free School Program Presentation.

HIGHLIGHTS AND ACHIEVEMENTS FOR THE STIGMA-FREE SOCIETY

FUNDRAISER EVENT

Helping the Stigma-Free Society During COVID-19

06.24.20

10 A.M. - 4 P.M. PST
WEDNESDAY
ON FACEBOOK LIVE



Andrea Paquette



Daniel To



Maddie Clarkson



Dana Wasserman



Nisha Khare



Andy Liebermann



Owen Goulet



Lindsay Goulet



Featuring Celebrity Guest
Silken Laumann



Lynsey Henry



Seren Friskie

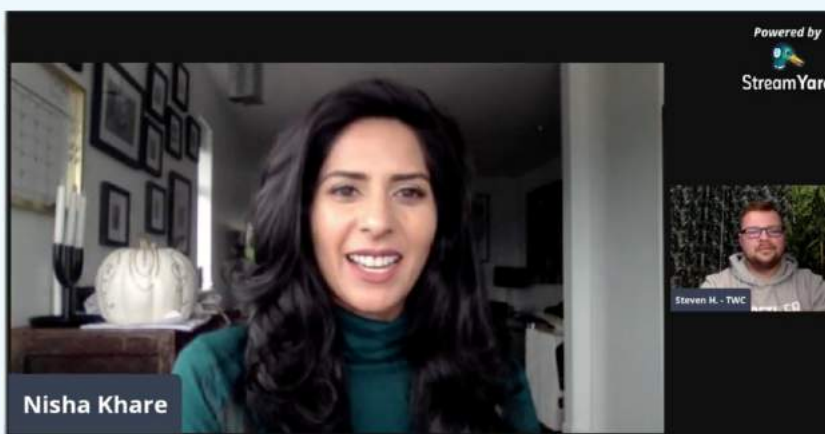
In June of 2020, the Society hosted an **online fundraiser** to raise funds to support the development of programming during the COVID-19 pandemic. The Society hosted interviews and information sessions about stigma, mental health and their new online **Stigma-Free COVID-19 Youth Wellness Toolkit**. Through the generosity of our community, the Charity surpassed its financial goal of \$20,000. Money raised during the fundraiser has been dedicated to developing and adapting resources and the growth of the Toolkits, which have been helping countless individuals during this challenging year.

HIGHLIGHTS AND ACHIEVEMENTS FOR THE STIGMA-FREE SOCIETY

One of the most exciting areas of growth for the organization this year was the development and continuation of numerous **community partnerships**. The Society understands that the work we do cannot exist in isolation. We have extensively partnered with organizations that serve diverse communities. The Society embraces the work of other organizations that possess unique expertise, while recognizing that partnerships have to be meaningful. The Charity discovered new ways to engage with its existing partners and cultivate dozens of new connections.

One of the main methods for working in collaboration with partners in 2020 consisted of hosting **Facebook & YouTube Live Wellness events**. The Society has volunteer specialists that act as hosts from partnering organizations and interactive live events have enabled the community to get a sense of the amazing work our partnering organizations are accomplishing. A handful of the organizations involved are Rise, Sustainable Self-Care Initiative, AutismBC, TellMyStory Foundation, DASH,

Face of Today Foundation, We Matter, Rumie and Dalai Lama Center for Peace and Education. We will continue to host these events in the future with many more exciting partners and create many more new partnerships.



Nisha Khare, host of **Wellness Chats with Nisha**, interviews Steven Hall of Together We Can Addiction Recovery & Education Society

FUTURE DEVELOPMENTS FOR THE SOCIETY

Near the end of 2020, The Society began work on **The Rural Mental Wellness Toolkit**. This new Toolkit will address the growing need for mental health related support and resources for individuals living in rural and agricultural communities across North America. The toolkit is set to launch in early 2021.



It is the hope of The Stigma-Free Society to expand its reach and support even more individuals on their mental health journeys. The Charity is striving to reduce all forms of stigma and plan to accomplish its goals by offering education and support to break down barriers to ignite understanding and acceptance of ourselves and others.

We are grateful to have had such a successful year in 2020, and this would not have been possible without the support of our **Stigma-Free community**. The Stigma-Free Society looks forward to continuing to cultivate understanding and acceptance in the world in hopes of a world free of stigma.



OUR GENEROUS FUNDERS

Stigma-Free Legacy Circle - \$50,000 and Up



United Way
Lower Mainland



ZILC
FINANCIAL
EST. 1946



Stigma-Free Champions - Up to \$50,000



Lundbeck



Edith Lando
Charitable Foundation



THE WINNIPEG FOUNDATION



NICOLA
FAMILY FOUNDATION

Stigma-Free Advocates - Up to \$15,000

diamond
FOUNDATION



CKNW KIDS' FUND
PINK SHIRT DAY

Stigma-Free Supporters - Up to \$5,000



enVision
FINANCIAL
COMMUNITY ENDOWMENT



SIG **SITKA LAW GROUP**
Lawyers & Notaries

Financial Statements of

STIGMA-FREE SOCIETY

And Notice to Reader Communication thereon

Year ended March 31, 2020
(Unaudited)



KPMG LLP
800-730 View Street
Victoria BC V8W 3Y7
Canada
Tel 250-480-3500
Fax 250-480-3539

NOTICE TO READER

On the basis of information provided by management, we have compiled the statement of financial position of Stigma-Free Society as at March 31, 2020 and the statement of operations and changes in net assets for the year then ended. We have not performed an audit or a review engagement in respect of these financial statements and, accordingly, we express no assurance thereon. Readers are cautioned that these financial statements may not be appropriate for their purposes.

KPMG LLP

Chartered Professional Accountants

Victoria, Canada

August 7, 2020

STIGMA-FREE SOCIETY

Statement of Financial Position

March 31, 2020, with comparative information for 2019
(Unaudited - See Notice to Reader)

| | 2020 | 2019 |
|---------------------|------------------|------------------|
| Assets | | |
| Current assets: | | |
| Cash | \$ 67,366 | \$ 54,128 |
| Accounts receivable | 885 | 360 |
| Prepaid expenses | - | 825 |
| | <u>\$ 68,251</u> | <u>\$ 55,313</u> |

Liabilities and Net Assets

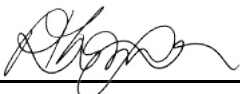
| | | |
|--|------------------|------------------|
| Current liabilities: | | |
| Accounts payable and accrued liabilities | \$ 3,849 | \$ 8,439 |
| Deferred revenue | - | 35,000 |
| | <u>3,849</u> | <u>43,439</u> |
| Net assets | 64,402 | 11,874 |
| | <u>\$ 68,251</u> | <u>\$ 55,313</u> |

See accompanying notes to financial statements.

On behalf of the Board:



Director



Director

STIGMA-FREE SOCIETY

Statement of Operations and Changes in Net Assets

Year ended March 31, 2020, with comparative information for 2019
(Unaudited - See Notice to Reader)

| | 2020 | 2019 |
|--|------------------|------------------|
| Revenue: | | |
| Donations and grants | \$ 333,980 | \$ 214,335 |
| Community support | 6,410 | 51,809 |
| Interest | 26 | 22 |
| | <u>340,416</u> | <u>266,166</u> |
| Expenses: | | |
| Program expenses (Schedule 1) | 245,085 | 247,743 |
| Operating expenses (Schedule 2) | 42,803 | 44,613 |
| | <u>287,888</u> | <u>292,356</u> |
| Excess (deficiency) of revenue over expenses | 52,528 | (26,190) |
| Net assets, beginning of year | 11,874 | 38,064 |
| Net assets, end of year | <u>\$ 64,402</u> | <u>\$ 11,874</u> |

See accompanying notes to financial statements.

STIGMA-FREE SOCIETY

Notes to Financial Statements

Year ended March 31, 2020

(Unaudited - See Notice to Reader)

1. Purpose of the Society:

Stigma-Free Society (the "Society") aims to increase awareness, understanding and acceptance among the general population including youth in schools, businesses/organizations and the public in geographical areas about stigma with a focus on mental health.

The Society is incorporated under the Society Act of British Columbia and transitioned to the new BC Societies Act on July 23, 2018. As a Canadian Registered Charity, the Society is exempt from income tax and may issue receipts for charitable donations.

2. Basis of presentation:

The recognition, measurement, presentation and disclosure principles in these financial statements may not be in accordance with the requirements of any of the financial reporting frameworks in the CPA Canada Handbook – *Accounting*

3. Significant accounting policy:

Donations-in-kind

The Society records donated materials, services and facilities in those cases where:

- the Society controls the way they are used;
- there is a measurable basis for arriving at fair value; and
- the services are essential services, which would normally be purchased and paid for if not donated.

The Society would not be able to carry out its activities without the services of the many volunteers who donate a considerable number of hours. Because of the difficulty of compiling these hours, contributed services are not recognized in the financial statements.

STIGMA-FREE SOCIETY

Notes to Financial Statements (continued)

Year ended March 31, 2020

(Unaudited - See Notice to Reader)

4. Revenue:

Donations and grants revenue is comprised of revenue received from the Province of British Columbia, the British Columbia Gaming Commission, corporations and foundations. Community support revenue includes amounts donated to the Society by individuals, service clubs, school and community organizations and municipal governments.

5. Other information:

Due to the ongoing COVID-19 pandemic, the Society received a temporary wage subsidy from the Government of Canada. The subsidy provided was 10% of gross payroll costs between the period of March 15, 2020 to March, 31 2020. Per Government instruction, this amount has been recorded as revenue.

STIGMA-FREE SOCIETY

Schedule 1 - Program Expenses

Year ended March 31, 2020, with comparative information for 2019
(Unaudited - See Notice to Reader)

| | 2020 | 2019 |
|-------------------------------------|-------------------|-------------------|
| Promotion and educational materials | \$ 10,001 | \$ 12,064 |
| Program delivery | 210,268 | 211,682 |
| Program insurance | 2,688 | 2,270 |
| Program room rental | 2,162 | 2,540 |
| Office supplies | 9,667 | 8,965 |
| Technology and website | 6,299 | 6,222 |
| Scholarships | 4,000 | 4,000 |
| | <u>\$ 245,085</u> | <u>\$ 247,743</u> |

STIGMA-FREE SOCIETY

Schedule 2 - Operating Expenses

Year ended March 31, 2020, with comparative information for 2019
(Unaudited - See Notice to Reader)

| | 2020 | 2019 |
|----------------------------|------------------|------------------|
| Interest and bank charges | \$ 1,144 | \$ 168 |
| Contract personnel | 30,000 | 30,000 |
| Accounting and legal | 10,142 | 14,335 |
| Business fees and licenses | 1,517 | 110 |
| | <u>\$ 42,803</u> | <u>\$ 44,613</u> |